Bullying Awareness

Katy ISD Counseling Department 6th Grade

Goals for Today:

- 1. Define bullying
- 2. Identify different types of bullying
- 3. Discuss what you can do if you experience or witness bullying.



According to the Texas Education Code, bullying is as an act or pattern of acts by one or more students directed at another student that exploits an imbalance of power and involves written or verbal expression, expression through electronic means, or physical conduct, that:

- 1.) physically harms another student, damage a student's property, or places a student in fear of harm;
- 2.) is severe, persistent, or pervasive enough to create an intimidating, threatening or abusive educational environment for the student;
- 3.) disrupts the educational process or orderly operation of a classroom or school;
- 4.) infringes on the rights of the victim.

LET'S BREAK IT DOWN

According to the Texas Education Code (STATE LAW), bullying is ...

an act or pattern of acts





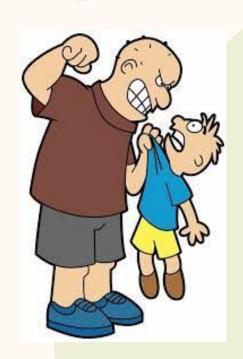
LET'S BREAK IT DOWN

...by one or more students directed at another student that exploits (takes advantage of) an imbalance of power



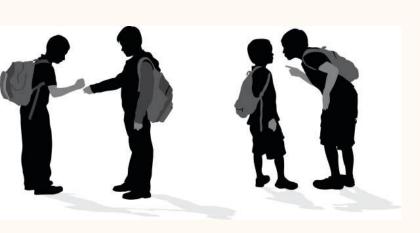
Imbalance of Power Example

- -Size
- -Strength
- -Intelligence
- -Popularity
- -Gender
- -Age



LET'S BREAK IT DOWN

...involves <u>written</u> or <u>verbal</u> expression, expression through <u>electronic</u> means, or <u>physical</u> conduct





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- 1.) physically harms another student, damage a student's property, or places a student in fear of harm;
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- 4.) infringes on the rights of the victim.

An act that ...

#1: physically harms another student, damage a student's property, or places a student in <u>fear of</u> harm







An act that ...

#2: is severe, persistent, or pervasive enough to create an intimidating, threatening or abusive educational environment for the student



An act that ...

#3: disrupts the educational process or orderly operation of a classroom or school;





An act that ...

#4: infringes on the rights of the victim



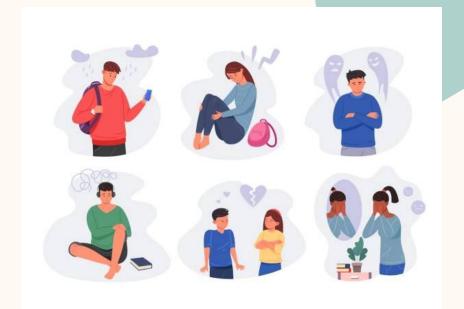
Possible Consequences of Bullying...

- Exclusions from after school activities
- After School Detention
- In School Suspension
- Out of School Suspension



Reasons people are bullied

- Appearance
- Behavior
- Race
- Religion
- Social Status
- Gender



YOU DON'T HAVE TO LIKE OR AGREE WITH EVERYONE, BUT YOU DO NEED TO TREAT THEM

Different forms of Bullying Behavior



Different forms of Bullying Behavior

Forms of Bullying

Verbal	Physical	Social	Cyber
InsultsTeasingIntimidationThreats	 Hitting Tripping Kicking Pushing Property Damage	 Spreading rumors Exclusion Humiliation Embarrassing someone in public 	· Abusive, hurtful, threatening texts, emails, posts, images or videos · Gossip or rumors · Imitating others online or using their log-in

What can I do if I am experiencing bullying?

#1- Tell a trusted adult-

- Counselor
- Teacher
- AP
- Parent

What can I do if I am experiencing bullying? #2- Control your reaction

- Remain calm
- Act confident (you may have to fake this)
- Do not give them a reaction



What can I do if I am experiencing bullying? #- Change your perspective

This is not a you problem it is a **THEM** problem



If you See something, Say something!



- Tell a trusted adult.
- Download the SpeakUP app on your phone or tablet to report things that concern you.

STOP BULLYING

- Take bullying seriously
- Treat others with respect and kindness
- Do things that you love and interest you and you will develop friendships with people that have similar interests
- Be courageous...be an Upstander



BECK JUNIOR HIGH INVITES YOU TO STAND UP AGAINST BULLYING!

UNITY

JOIN US IN WEARING ORANGE ON OCTOBER 19TH!





UNITED FOR KINDNESS, ACCEPTANCE, AND INCLUSION.

